



International Comprehensive Shoulder Course

Topic: Shoulder Instability

Sibiu 20-21.04.2018

COURSE DESCRIPTION

The goal of this course is to provide the participant with an introduction to shoulder arthroscopy and the current techniques used in the surgical management of shoulder instability.

LEARNING OBJECTIVES

At the conclusion of this course, learners should be able to:

- Understand the set-up and instrumentation required to perform arthroscopic shoulder surgery.
- Evaluate patients with shoulder instability
- Formulate a treatment plan

International Faculty:

Prof. Dr. Guido Marra (Chicago, USA), Prof. Dr. William Stetson (L.A., USA)
PhD, Dr. Marius Scarlat (Toulon, France),
PhD., Dr. Semin Becirbegovic (Bosnia-Hertegovina), PhD, Dr. V. Stevanovic (Serbia)

Romanian Shoulder Group:

PhD. Dr. Cristian Buescu, PhD. Dr. Horia Haragus, PhD. Dr. Cosmin Faur, PhD. Dr. Adrian Todor, PhD. Dr. Ion Codorean, PhD. Dr. Razvan Melinte, PhD. Dr. Radu Fleaca, PhD. Dr. Mihai Roman

Program

Day 1 Friday, 20 April 2018

Lecture	
07.30 - 8.00	Registration
8.05	Welcome and Announcements
8.10	Course Introduction; Learning Objectives

BASIC KNOWLEDGE	
8.15	Normal Shoulder Anatomy
8.25	Pathoanatomy / shoulder instability (terminology and bone loss)
8.35	History and Physical Examination of the Shoulder
8.45	<i>Advanced Imaging in shoulder instability</i>
8.55	Patient Positioning: Beach Chair and Lateral Decubitus
9.05	Approaches and Portals
9.25	Discussions
9.35	Cofee break
ANTERIOR SHOULDER INSTABILITY	
9.50	Anterior Instability (History, Diagnostic, Investigations)
10.05	Decision Making in Anterior Shoulder Instability: Treatment Options
10.20	Conservative Surgical Treatment of Anterior Shoulder Instability
10.30	Surgical Treatment of Anterior Shoulder Instability – Soft Tissue
10.45	Surgical Treatment of Anterior Shoulder Instability – Bony Procedures
11.00	Hill Sachs Lesion – What to do
11.10	Outcome and Complications of Anterior Shoulder Instability
11.35	Discussions
11.45	Video Surgery Presentation of Anterior Shoulder Instability
12.45	Lunch break
POSTERIOR SHOULDER INSTABILITY	
13.45	Posterior Instability (History, Diagnostic, Investigations)
14.00	Decision Making in Posterior Shoulder Instability: Treatment Options
14.15	Surgical Treatment of Posterior Shoulder Instability
14.30	Outcome and Complications of Posterior Shoulder Instability
14.55	Chronic Shoulder Instability
15.10	Case Presentation Shoulder Instability. Small Group Discussion

15.35	Cofee break
15.50	Arthroscopic Knot Tying: How to Avoid Mistakes
16.05	Work-shop – Knot tying stations
19.00	Dinner

Day 2 SATURDAY, 21 April 2018

MULTIDIRECTIONAL SHOULDER INSTABILITY	
8.30	Multidirectional Instability (History, Diagnostic, Investigations)
8.45	Decision Making in Multidirectional Shoulder Instability: Treatment Options
9.00	Conservative Surgical Treatment of Multidirectional Shoulder Instability
9.15	Surgical Treatment of Multidirectional Shoulder Instability
9.30	Outcome and Complications of Multidirectional Shoulder Instability
9.45	Rehabilitation and Post-operative Management
9.55	Virtual interactive presence (augmented reality)
10.05	Video Surgery Presentation of Shoulder Instability
10.45	<i>Coffee Break</i>
11.00	Case Presentation Shoulder Instability, Small Group Discussion
11.30	Work-shop – Anchor Placement
13.30	Closing Remarks and Feedback