

Preliminary Program

Day 1 Friday, 20 April 2018

Lecture	
08.30 - 9.00	Registration
9.05	Welcome and Announcements
9.15	Course Introduction; Learning Objectives
BASIC KNOWLEDGE	
9.15	Normal Shoulder Anatomy
9.30	Shoulder Examination and Evaluation
9.45	Joint Mobilization: Glenohumeral and Scapulothoracic
10.00	Principles of Soft-tissue Rehabilitation
10.15	Discussions
10.45	Coffee break
ROTATOR CUFF	
11:00	Impingement Syndrome and Rotator cuff Pathology
11:15	Examination Findings
11:30	Non-surgical Management of Rotator cuff Disease
11:45	Surgical Treatment of Rotator cuff Disease
12:00	Rehabilitation and Post-operative Management
12.15	Discussions
12.45	Lunch break
INSTABILITY	
14.15	Pathology of shoulder instability
14.30	Non-surgical Management of Shoulder instability
14.45	Surgical Treatment of instability
15.00	Rehabilitation and Post-operative Management
15.15	Discussions

15.30	Coffee break
15.45	Shoulder arthroplasty
16.00	Rehabilitation and Post-operative Management
16.15	Discussions
17.00	Conclusions, Certificates of Attendance
	End of the Course